

# Home Safety Guide

When your loved one wants to remain independent at home, you may start doing some home safety math in your head: Stairs plus other tripping hazards minus balance and strength equals a higher risk of falling – and more worry for you.

Although the risk of a fall or other accident at home can be a cause for concern, you don't have to feel helpless. Many small changes can be made to lower your loved one's risk for an accident or injury.