Caregiver’s Guide to Dementia and Alzheimer’s Disease

A loved one’s diagnosis with Alzheimer’s disease or another type of dementia can bring up a lot of questions. What can your loved one do on their own? Is it safe for them to live at home? How will you know when they need additional care?

When your loved one is diagnosed with dementia, they’ll change as their disease progresses — and your role as a caregiver will change too. But what will stay the same is your love for them and your desire to provide them with the best care possible.

Whether you’ve just noticed early symptoms of dementia, are wondering what’s normal aging and what’s not, or want to know how to support your loved one as their disease progresses, this guide can give you the information you need.

* 2023 Alzheimer’s Disease Facts and Figures