

# Natalie On The Benefits Of Using A Family Approach To Treating Schizophrenia

Natalie, LCSW, was recently interviewed by CEO of Akin Mental Health, Stephanie Greer, on her work with the Parachute Program. Natalie is a coordinator for the program and she, alongside other behavioral health team members, care for individuals with complex mental health conditions like Schizophrenia.

The team takes a family-oriented approach to schizophrenia treatment, where they can help those with the condition overcome daily challenges they face. This approach empowers patients to make their own choices and create their goals.

*It is exciting to see how the Parachute program empowers individuals who've spent literally years in different treatment programs. It's all about arming people with the support and resources they need to thrive and stay healthy long-term.*

*– Natalie, program coordinator for the Parachute Program*

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