

# **LGBTQ+ Guide to Home Care**

As an LGBTQ+ person in New York, you're part of a community that's over 800,000 strong. Although this community continues to grow, finding LGBTQ+ friendly home care that reflects your experiences might still be hard.

You may read articles that don't connect to what you've gone through. You may be facing challenges that no one seems to be talking about.

If this sounds familiar, you're not alone. This guide is for you – to help you age and provide care with confidence.

## **Home Care for the LGBTQ+ Community**

Any medical care you receive – including home care –should respect and honor your identity and experiences. At VNS Health, our home care options reflect your right to supportive care. You can be comfortable being open about your gender identity, sexual orientation, and pronouns and about the many experiences that make you *you*.

LGBTQ+ affirming home care services at VNS Health can help you: