VNS Health

# Joheily Gonzalez Joins BronxNet to Discuss Youth and Mental Health

January 25, 2024
From BronxNet
By Our Experts

Joheily Gonzalez, children's mobile crisis team program coordinator, joined BronxNet Tv to discuss the challenges youth in our communities face and how they impact their mental health. Joheily talks about how situations like going back to school can increase anxiety and affect students mental well-being. She also goes over what parents and teachers can do to help children who are going through a mental health crisis, what the signs of one are, and what resources are available to support their children and students.

It can be easy to avoid seeking help during a crisis. Remember that you aren't alone and we can connect you with the support you need.

Community Behavioral Health Programs

Source: https://www.vnshealth.org/about/newsroom/articles/joheily-gonzalez-joins-bronxnet-to-discuss-youth-and-mental-health/

---

Source: https://www.vnshealth.org/about/newsroom/articles/joheily-gonzalez-joins-bronxnet-to-discuss-youth-and-mental-health/